



# Course Catalog for Adults & Students

Winter/Spring 2016 Volume 7, Issue 2



**Learn. Serve. Thrive**



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## Welcome Letter

### Dear Waukee Community Members,

Things are busy in Community Education. I mentioned over a year ago that our Waukee High School intramural program would begin this school year. Our staff have worked hard to provide these opportunities for our 10-12 grade students. As I write this message, we have over 309 participants in our coed flag football and volleyball leagues! Students have enjoyed the expanded opportunities to have fun, exercise, socialize and stay connected with their classmates.

As the district continues its growth, so does the Community Education department. With the opening of Grant Ragan Elementary in fall 2016, we will be preparing to serve students with before and after school care. We are planning ahead for staffing, equipment and supplies for our newest Beyond the Bell location. Parents can expect the same great care and customer service at Grant Ragan Elementary as they do at our other elementary buildings.

As always, please feel free to contact me. I welcome your feedback on how we can continue to grow Waukee Community Education and better serve our student, families and community members. We are Waukee!

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## Community Education Staff

Jeff Longman, Director  
 Andrea Wilmes, Associate Director of Childcare Services  
 Ryan Sander, Coordinator  
 Holli Marolf, Administrative Assistant  
 Casey Condon-Yu, Silver Cord Coordinator



# Winter/Spring 2016 Opportunities

## Parent University

### Financial Planning for Special Needs Families

We know you focus on making sure your child has the Quality of Living they deserve. What happens if you are no longer able to provide the financial resources yourself? How do you know if you have structured their finances in a way that ensures they are still able to receive needs-based benefits when they reach the age of majority? Properly structured supplemental funding can protect benefits and help provide a higher quality of living for that person.

**Instructor: Dennis Burns**

W1600

Tuesday

7:00-8:30pm

March 1

South Middle School, Rm #305

\$12

## IOWA STATE UNIVERSITY Extension and Outreach

### Great Beginnings for Families

Join us for a fun, informative series of workshops for parents/caregivers of 0-5 year olds that will provide the skills and understanding necessary to raise healthy young children. We will explore the key principles of child development, positive discipline, helping children cope with anger and conflict, encouraging learning through play, along with

building strong families. Child-care will be provided.

**Instructor: ISU Extension and Outreach staff**

W1601

Thursdays

6:30-7:45pm

February 4-March 3

Walnut Hills Elem., Media Center

\$10/family

### SENG Parent Group

The Supporting Emotional Needs of Gifted (SENG) Parent Group is structured to bring together Waukee parents of gifted and talented children for the purpose of sharing information. Topics such as motivation, discipline, stress management, peer relations, and sibling rivalry, as they relate to parenting gifted children, will be discussed. The co-facilitators will guide weekly discussions relating to readings from the book, "Parent's Guide to Gifted Children". Fee includes the group book.

**Instructors: Frankie DeMouth and Susan Wouters**

W1637

Tuesdays

6:30-8:00pm

January 12-March 1

Waukee Middle School

Media Center

\$87

### Social Media Safety for Parents



Do you understand the world of social media that your child engages in today? Learn about the social media sites your children

are using, and the many ways they're connecting to them. We'll cover the best ways to set ground rules for social media usage, how to check their privacy settings, and how to use software and technology to keep them safe.

**Instructor: Kim Mayrose**

W1602

Tuesday

6:30-8:00pm

February 9

South Middle School, Rm #330

\$10

### Strategizing the Cost of College

Does the cost of college overwhelm you? In this updated class we will discuss how to factor the cost of college, potential financial aid, and scholarships into the college search process from the very beginning. Learn how to calculate your Expected Family Contribution, how different colleges distribute financial aid and thus, what each institution might cost you. You'll become equipped to help your student find the right college at the right price. Taught by a college counselor with years of college admission experience. Fee covers two parents.

**Instructor: Emily Selden**

W1603

Tuesday

6:00-8:00pm

April 12

Waukee High School, Rm #715

\$19



## Parenting with Love and Logic

Need new parenting strategies? Frustrated? This 4-week program is based on the Cline-Fay Love and Logic Philosophy. Learn how to lovingly set limits, reduce power struggles, encourage responsibility, and improve decision-making skills in your children. The Love and Logic approach can be put into practice immediately for children of any age. Jason Sanders, a school counselor and certified Love and Logic instructor, will be facilitating the class.

### Instructor: Jason Sanders

W1604a (single)

W1604b (couple)

Tuesdays

6:30-8:30pm

February 16-March 8

Waukee High School

Media Center

\$42 single

\$54 couple

## Arts & Crafts

### Knitting 101

Learn to knit a scarf, start to finish! In the first class session, learn to knit stitch and how to cast-on and knit a basic scarf. You will work getting the stitches right and learn how to fix mistakes. The time period between the two classes is your time to knit the majority of the scarf, bringing it close to a finishing point. You will use the second class to learn the purl stitch and also finish the scarf – binding off, adding fringe and weaving in the ends. You will learn all the basics of knitting! Participants need to bring their

own supplies to the first class. Supply list is available online. Adults and students age 13 and up are welcome.

### Instructor: Jen Geigley

W1605

Tuesdays

6:30-8:30pm

January 26 & February 23

South Middle School, Rm #305

\$34

### Knitting 201: Knitting in the Round

Knit your first hat! This class session will be spent learning the basics of knitting in the round. You will begin by casting on and joining in the round on circular needles, and then we will switch to double pointed needles and learn how to finish off a hat. This class will progress at a quicker pace. You will be required to knit and purl comfortably on your own, without assistance. Participants need to bring their own supplies to the first class. Supply list is available online. Adults and students age 13 and up are welcome.

### Instructor: Jen Geigley

W1606

Tuesday

6:00-9:00pm

March 8

South Middle School, Rm #305

\$26

### What Participants Are Saying:

*"My husband and I now have some common tools and language that we can use with our sons. Thank you!"*

*Parenting with Love and Logic*

## Business & Finance

### Estate Planning 101

**New!**

Do you have a plan to protect your loved ones? Learn how to make sure your family members are cared for if something were to happen to you. Topics covered include: basics of Iowa law upon death, Last Will and Testament, and bank and retirement accounts for death beneficiaries. Instructor is a local estate planning attorney.

### Instructor: Christopher Scott

W1607

Wednesday

6:30-8:00pm

January 27

South Middle School, Rm #305

\$10

### Maximizing Social Security

For years, you have contributed to Social Security. How well do you understand how to get the most money back? Very few people approaching retirement understand the different opportunities to maximize their life time income, individually or as a couple. This workshop will help you understand how to maximize your lifetime income from Social Security.

### Instructor: Dennis Burns

W1608

Wednesday

7:00-9:00pm

March 2

South Middle School, Rm #305

\$12

## The New Type of Long Term Care Insurance



Come learn about the new hybrid type of long term care insurance plans. We will discuss traditional plans as well as the new programs available and examine the ins and outs of long term care insurance plans: why you need it and what are the risks. You will leave able to make a wise decision on long-term care insurance. The instructor has over 32 years of experience in the financial services industry and has multiple insurance licensures.

**Instructor: Curtis Fett**

W1609

Tuesday

6:00-8:00pm

February 2

South Middle School, Rm #305

\$10

## The Roth/IRA Alternative



Do you understand the extra advantages of life insurance? We will look at how to build up tax-free wealth using permanent life insurance. We will go over all the advantages of using life insurance as compared to 401k's, IRA's, 403b's and Roth/IRA's and the various types of permanent plans. The instructor has over 32 years of experience in the financial services industry and has multiple insurance licensures.

**Instructor: Curtis Fett**

W1610

Tuesday

6:00-8:00pm

February 9

South Middle School, Rm #305

\$10

## Computers & Technology

### Having Fun With Social Media

Whether you want to connect with more people or need new sources of information, this class is for you. Learn how to use Facebook, Twitter, YouTube, Pinterest, and Foursquare, which will help students shop online, stay on top of the weather, keep track of favorite sports teams, road closings, view school announcements, and much more! Students will also have access to an online classroom where they can download course resources.

**Instructor: Kim Mayrose**

W1611

Tuesdays

6:30 - 8:30pm

January 26 & February 2

South Middle School, Rm #330

Tuition: \$38

### Intro to WordPress Website Design

Have you ever been interested in creating your own website? If so, this class is perfect for you! You can use WordPress as a website or blog. In this course, you will learn how to host, install, and customize your site. In addition, you will learn how to add WordPress pages, a custom menu, upload media files, and add a contact form. We'll also explore some of the many templates and plugins available to the WordPress community. Each student will be assigned a [WordPress.org](http://WordPress.org) website that they may work with during class, as well as several

months after class has ended. Students will also have access to an online classroom where they can download class materials and resources.

**Instructor: Kim Mayrose**

W1612

Tuesdays

7:00-8:30pm

February 16, 23, and March 1

South Middle School, Rm #330

\$42

### Storytelling with your iDevices

Let's dig into the power you carry in your pocket! Your iPhone has one of the most advanced cameras in the world. It can shoot slow motion video, time lapse video, and full HD. You're also carrying with you a suite of editing apps as well as access to all the App Store has to offer. We'll learn how to tell your stories with video, using only your iDevices (iPhone, iPod, iPad)! Participants will learn filming, storytelling, and editing techniques as well. Participants must have the iMovie app downloaded onto their iDevice before the first class. Russ Goerend, a Waukee teacher who utilizes technology in and out of the classroom, will lead class.

**Instructor: Russ Goerend**

W1613

Mondays

7:00 - 8:30pm

February 8 & 22

Waukee Middle School, Rm #304

\$39

## Exercise and Fitness

### Ignite Fitness



Are you looking for a new group fitness class? Do you enjoy being challenged by different high-intensity interval training (HITT) style workouts? If yes, then this class is for you! High energy, calorie scorching, metabolism boosting workouts at your fingertips. Participants will increase muscular strength and endurance, decrease body fat, increase energy, and improve their nutritional knowledge. Instructor has over 17 years of experience as a PE teacher, coach, and fitness/strength/conditioning instructor.

#### Instructor: Traci Havlik

W1614a

Session 1:

Mondays & Wednesdays

5:45-6:30am

January 20 – February 15

Timberline School, Fitness Room  
\$53

W1614b

Session 2:

Mondays & Wednesdays

5:45-6:30am

February 17 – March 21

(no class March 14 & 16)

Timberline School, Fitness Room  
\$53

W1614c

Session 3:

Mondays & Wednesdays

5:45-6:30am

March 23 – April 18

Timberline School, Fitness Room  
\$53

## Foods & Cooking

### Parent & Child Cake Decorating - Beginning

Want to do something fun and creative with your child/grandchild? Learn basic cake decorating techniques, while having lots of fun and smiles! Go home with a yummy cake created by you! Parents and children 7+ are welcome.

#### Instructor: Echo Boland

W1615

Monday 6:30-8:30pm

February 15

South Middle School, Rm #526

\$40 Parent & 1 Child

\*\$16 for each additional child

### Parent & Child Cake Decorating - Advanced

Are you looking for next step in cake decorating? Advance your cake decorating skills with your child in this two-hour class. Refresh what you know and learn even more! You will go home with a finely decorated, delicious cake. Parents and children 7+ are welcome.

#### Instructor: Echo Boland

W1616

Monday 6:30-8:30pm

February 29

South Middle School, Rm #526

\$40 Parent & 1 Child

\*\$16 for each additional child

### Parent & Child Cookie Decorating

Looking for an opportunity to create memories with your child/grandchild? You will be instructed

on how to decorate cookies and then take home your delicious creations. All materials are included in the class, you only have to show up and bring your creativity! Parents and children 7+ years are welcome.

#### Instructor: Echo Boland

W1617

Monday 6:30-8:30pm

February 22

South Middle School, Rm #526

\$40 Parent & 1 Child

\*\$16 for each additional child

### Parent & Child – Valentine's Day Cookie Decorating

Bring one of your own little Valentines and be ready to be creative! You and your child will be instructed on how to decorate Valentine cookies and then take home your delicious creations! All materials are included in the class. Parents and children 7+ years are welcome.

#### Instructor: Echo Boland

W1618

Monday

6:30-7:30pm

February 8

South Middle School, Rm #526

\$40 Parent & 1 Child

\*\$16 for each additional child

## Music

### Instant Guitar

Have you ever wanted to learn to play the guitar but time and money for private lessons has kept you away? Then this class is for you! This one-time 2 ½ hour class will teach all the basics of playing the guitar so you can play

your favorite songs right away. No past experience with music or the guitar is required. Designed for beginners, the emphasis is on having the correct tools and instruction to have fun learning chords and strumming patterns, not technical perfection. This interactive class uses an easy to use instruction manual and plenty of hands-on experience to help you feel comfortable knowing you have the proper tools and instruction to enjoy your guitar for years to come. Bring your acoustic guitar. Ages 12+ are welcome. Fee includes a workbook.

**Instructor: Phil Buntенbach**

W1619a  
Thursday  
6:00-8:30pm  
January 28  
South Middle School, Pod #302  
\$37

W1619b  
Tuesday  
6:00-8:30pm  
February 23  
South Middle School, Pod #302  
\$37

W1619c  
Tuesday  
6:00-8:30pm  
March 29  
South Middle School, Pod #302  
\$37

W1619d  
Thursday  
6:00-8:30pm  
April 14  
South Middle School, Pod #302  
\$37

## Special Interest

### Repurpose your Home Furnishings

**New!**

Rescue, restore, and redecorate your furnishings! Make what's "old" into something "brand new". No sanding, no priming, and no waxing. Get in on the repurposing of furniture craze. Participants will complete and take home two projects: a piece of painted and stenciled upholstery that can be framed, and their choice of either a wall hanging or serving tray.

**Instructor: Diane Browne**

W1620  
Monday  
6:00-9:00pm  
February 29  
South Middle School, Rm #305  
\$60

### Tips and Tricks for your Disney Vacation

Going to Disney? This interactive course will help you with several aspects of planning, navigating crowds, and much more. Even if you have been before, these sessions will help you learn more about the parks and how to make the most of your time there. The instructor has made 50+ trips to Disney Parks in the USA and is an authorized Disney Vacation Planner.

**Instructor: Rob Brookhart**

W1621  
Tuesdays  
6:30-9:00pm  
February 16 & 23  
South Middle School, Rm #305  
\$19

### 3-on-3 Basketball League (Grades 6-7)

**New!**

Are you looking for a chance to play basketball with your friends after school? 3-on-3 basketball league will meet one day per week, for four weeks. Players will play a minimum of ten, 10-minute games. The last day of league will be a single elimination tournament. All teams will qualify for the tournament.

Each player in the league will be required to help referee no more than two games during league play and possibly one game during the tournament. Players will register individually, however you will indicate your team name when registering. Players not with a team are not allowed to register. The instructor is the Waukee Middle School P.E. Teacher.

**Instructor: Don Campbell**

W1622a  
Boys League:  
Mondays  
3:30-4:30pm  
February 15-March 7  
Waukee Middle School  
Large Gym  
\$30

W1622b  
Girls League:  
Tuesdays  
3:30-4:30pm  
February 16-March 8  
Waukee Middle School  
Large Gym  
\$30

**Community Education  
Learn. Serve. Thrive.**



## Waukee Academy

### ACT Prep – English & Reading (Grades 9-12)

Experienced Waukee English instructor with Master's Degree in Education will review grammar, punctuation, sentence and paragraph structure, and style. For the reading test students will go over the types of passages, time management suggestions, and how to approach the reading exam. Please purchase the class workbook separately online through Community Ed. This is the same book being used for the Science & Math review courses.

**Instructor: Ann Hanigan**

W1623

Wednesday-Friday

3:30-6:00pm

March 30-April 1

Waukee High School, Rm #404

\$85

### ACT Prep – Math (Grades 9-12)

This class will strategize the math portion of the ACT. The instructor, a math teacher at Waukee, will review concepts commonly found on the ACT and give several practice exams. Please purchase the class workbook separately online through Community Ed. This is the same book being used for the Grammar, Science and Reading review courses.

**Instructor: Jay Winter**

W1624

Mondays

3:15-5:45pm

March 21, 28, & April 4

Waukee High School, Rm #661

\$85

### ACT Prep – Science (Grades 9-12)

Instructor has Master's Degree in Education, experience in teaching ACT test preparation, and high school science teaching experience for thirteen years in Waukee. This class will focus on test taking strategies for the science portion of the ACT. We will review science concepts commonly found on the science portion of the ACT: Charts and Graphs, Experiments, and Fighting Scientists. We will take and discuss several practice exams during this review. Please purchase the class workbook separately online through Community Ed. This is the same book being used for the Math and English & Reading review courses.

**Instructor: Dan Briggs**

W1625

Tuesday-Friday

3:15-5:15pm\*

March 22-25

Waukee High School, Rm #724

\$85

\*Friday's class will end @ 4:45pm

### ACT Prep Workbook

The Princeton Review "Cracking the ACT 2015 Edition". This is the workbook being used for all of the Waukee Academy ACT Prep courses. To receive the book through Community Ed, please enroll using the course number W1600 in addition to enrolling in your chosen ACT Prep course.

Cost: \$12.00

### Babysitter's Training (Ages 11-14)

Safe Sitter prepares young adolescents for the responsibilities of nurturing and protecting children. Participants will learn: how, why, and where injuries happen so you can prevent them from happening in the first place, how to get help if you need it, how to keep yourself safe when babysitting, how a child's age affects how to care for them, how to prevent problem behavior, and how to rescue a choking infant or child. The class will include hands-on manikin practice in rescue skills, small group interactive learning, role-playing, and games. At the end of each section, each participant must pass a written exam proving they understand the key concepts. Students must also demonstrate their skills in care of the choking infant/child and in infant/child CPR. Upon successful completion, students will receive a Safe Sitter certification card. Students will also keep their handbook. Please bring a sack lunch.

**Instructor: Safe Sitter staff**

W1626a

Saturday

9:00am-4:00pm

March 5

Prairieview School, Media Center

\$49

W1626b

Saturday

9:00am-4:00pm

April 2

Prairieview School, Media Center

\$49





### **Bricks 4 Kidz – After School sessions (Grades K-5)**

Bricks 4 Kidz® offers project-based programs designed to teach principles and methods of engineering and architecture, as well as concepts across a variety of subject areas including math, science and history using LEGO® bricks. The activities are designed to trigger a child’s lively imaginations, encourage problem solving and enable children to learn not only by listening and observing, but also by using their fine motor skills and spatial intelligence. Participants build a new project each week. Best for students grades K-5<sup>th</sup> grade. Students of any age are welcome.

**Instructor: Bricks 4 Kidz staff**

### **Winter/Spring Class Theme: Wheels in Motion**

These wheels are ready to roll! Students will use LEGO® Bricks, axles, pulleys, gears, motors and more to build a variety of models on wheels. Some are familiar vehicles, such as a fire engine and delivery truck. Other amazing models, such as the Rescue Robot and K-9 Bot, will give students some fun variations on our traditional 4 wheel designs. Do you have a need for speed? Put your Speed Bot model to the test as you race against others! We’ll explore concepts of speed and force, and gain non-vehicle knowledge from the unconventional Wheels in Motion models as well. Let’s roll!

W1627bv  
Thursdays 3:50-4:50pm  
\*January 14-28  
Brookview Elementary, Rm #109  
\$29

W1627mg  
Tuesdays 3:50-4:50pm  
February 2-23  
Maple Grove Elementary, Rm #122  
\$39

W1627se  
Thursdays 3:50-4:50pm  
February 4-25  
Shuler Elementary, Rm #122  
\$39

W1627we  
Mondays 3:50-4:50pm  
February 8-29  
Waukee Elementary, Rm #122  
\$39

W1627wh  
Tuesdays 3:50-4:50pm  
\*\*March 1-April 5  
Walnut Hills Elementary, Rm #303  
\$39

W1627ee  
Mondays 3:50-4:50pm  
March 21-April 11  
Eason Elementary, Rm #101  
\$39

W1627wd  
Tuesdays 3:50-4:50pm  
April 12-May 3  
Woodland Hills Elem., Rm #101  
\$39

\*3 week sessions  
\*\*No class 3/8 & 3/15  
(Parent-Teacher Conferences & Spring Break)

### **Bricks 4 Kidz Kidz Night Out (Grades K-5)**



Bricks 4 Kidz Night Out is an evening of creative FUN for kids. Three hours of LEGO® activities including loads of free play LEGOS® for creative projects and challenges, our signature motorized “technic” model building, 3D Model building, zip line races, CHIMA™ Speedorz and Ramps, LEGO® movies, crafts and much more. We will have pizza and snacks. Each Kidz Night will feature a fun new theme. With a variety of stations and activities, our event is great for LEGO® fans 4 to 12 years old, so leave them with us and enjoy a night out!

**Instructor: Bricks 4 Kidz staff**

W1628a  
Friday 6:00-9:00pm  
February 12  
South Middle School Commons  
\$28 (single child)  
\*\$16 (each additional sibling)  
W1628b

Friday 6:00-9:00pm  
April 8  
South Middle School Commons  
\$28 (single child)  
\*\$16 (each additional sibling)

\* Each additional sibling is \$16 and will be included in the normal online registration form. If registering for one child, use the “single” registration. If registering for more than one child, use the “sibling” registration.

## Camp Invention (Grades 1-6)

Camp Invention encourages children to be confident in their natural ability to dream and create. This year's program, "EPIC" features a wide variety of fun and challenging experiences. Participants will design a robotic cricket, plan and operate an island theme park, disassemble appliances and redesign them, build and demolish structures, and conduct lab experiments. Camp Invention is a nationally acclaimed STEM enrichment program for children entering 1st-6th grade. Registration fee includes a camp T-shirt

### Camp Director: Robin Julseth

To Register, call 1-800-968-4332 or go to [www.campinvention.org](http://www.campinvention.org)

Base registration price: \$235.

Alumni save \$35 if they register by February 15, 2016, for a cost of \$200. All new participants save \$25 if they register by March 18, 2016, for a cost of \$210

Monday-Friday 9:00am-3:30pm

June 13-17

Prairieview School



## Late Registration:

### You Snooze... We Lose.

*Nothing kills a course quicker than waiting until the last minute to register for it! If there are not enough registrations at the registration deadline (approximately one week prior to the start of the course), the course may be cancelled. Please register at least one week prior to the start of the course to ensure the success of the course! Thank you!*

## Ignite Fitness (Grades 8-12)



Are you looking for a new group fitness class? Do you enjoy being challenged by different high-intensity interval training (HITT) style workouts? If yes, then this class is for you! High energy, calorie scorching, metabolism boosting workouts at your fingertips. Participants will increase muscular strength and endurance, decrease body fat, increase energy, and improve their nutritional knowledge. Instructor has over 17 years of experience as a PE teacher, coach, and fitness/strength/conditioning instructor.

### Instructor: Traci Havlik

W1629a

Session 1:

Mondays & Wednesdays

6:30-7:15am

January 20 – February 15

Timberline School, Fitness Room \$43

W1629b

Session 2:

Mondays & Wednesdays

6:30-7:15am

February 17 – March 21 (no class March 14 & 16)

Timberline School, Fitness Room \$43

W1629c

Session 3:

Mondays & Wednesdays

6:30-7:15am

March 23 – April 18

Timberline School, Fitness Room \$43

W1629d

Session 4:

Tuesdays & Thursdays

3:00-3:45pm

January 19 – February 11

Timberline School, Fitness Room \$43

W1629e

Session 5:

Tuesdays & Thursdays

3:00-3:45pm

February 16 – March 10

Timberline School, Fitness Room \$43

W1629f

Session 6:

Tuesdays & Thursdays

3:00-3:45pm

March 22 – April 14

Timberline School, Fitness Room \$43

## Mad Science – Forensics Science (Grades K-1)

This Semester, discover the evidence at crime scenes and learn how different security processes aid in preventing the crimes in the first place! We will cover the following topics: Who Dun It?, Science of Security, Discover Detection, Crime Lab, Agent Undercover, and Crafty Observations. Your child will receive two or three take homes each time we meet. For students in grades K-1.

### Instructor: Mad Science staff

W1630wd

Wednesdays

1:55-5:00pm

January 13 & 27

Woodland Hills Elem., Rm #516 \$73

W1630se  
Wednesdays  
1:55-5:00pm  
February 10 & 24  
Shuler Elementary, Rm #516  
\$73

W1630bv  
Wednesdays  
1:55-5:00pm  
April 6 & 20  
Brookview Elementary, Rm #108  
\$73

W1630mg  
Wednesdays  
1:55-5:00pm  
May 4 & 18  
Maple Grove Elementary, Rm #516  
\$73

### **Mad Science – Sampling Science (Grades 2-4)**

This semester we have a nice “sampler plate” of science topics for your budding scientist! Topics include: Science of Brain, Heart & Lungs, Detective Science, Where’s The Air?, Meteorological Science, Engineering “Gizmos”, and Engineering “Gadgets”. 2-3 take-homes will be given each time we meet. For students in grades 2-4.

**Instructor: Mad Science staff**

W1631wd  
Wednesdays 1:55-5:00pm  
January 13 & 27  
Woodland Hills Elem., Rm #122  
\$73

W1631se  
Wednesdays 1:55-5:00pm  
February 10 & 24  
Shuler Elementary, Rm #122  
\$73

W1631bv  
Wednesdays  
1:55-5:00pm  
April 6 & 20  
Brookview Elementary, Rm #112  
\$73

W1631mg  
Wednesdays  
1:55-5:00pm  
May 4 & 18  
Maple Grove Elementary, Rm #122  
\$73

### **Trumpet Lessons (Grades 5-12)**

Private trumpet instruction for elementary, junior high and high school band students. Focus of instruction will be on correct embouchure, tone production, correct breathing techniques, tonguing, reading skills, jazz studies, duet materials and fun music selections as daily practice.

**Instructor: Rene Bernard**

W1632  
Monday-Wednesday  
Between 4:00-7:30pm  
Lessons throughout the winter & spring  
Waukee High School, Rm #154  
\*\$29 per lesson

\*Please contact Rene Bernard first for availability at (515) 491-9325 or rebtrumpet@hotmail.com  
After the first lesson, students will need to purchase their own lesson book for approximately \$6.00-8.00.

### **Voice Lessons – Waukee High School (Ages 13+)**

Develop your singing voice to its full potential by learning the essential foundations of singing. Sing anything by learning HOW to sing! Students will learn to sing classical art songs and arias in English, Italian, German and/or French while developing their full potential and produce a well-supported, well-focused and freely produced sound. All private lessons are 30 minutes in length, once a week between the dates below. 18 lessons total.

**Instructor: Jacqueline Thomson**

Jacqueline has been on the Voice Faculty with Simpson College and NYU’s CAP 21 Studios; her students have won numerous competitions, awards, and college scholarships

W1633  
Available Mondays, Tuesdays, and Wednesdays  
Between 3:30-7:30pm  
January 11 – May 16  
Waukee High School, Rm #157  
\*\$506 for 18 lessons

Please contact Jacqueline Thomson first for availability at (515) 720-5198 or jacquelinetsoprano@gmail.com

\*Payment can be split into two payments of \$253.00 when registering

### **What Participants Are Saying:**

*“I am a teacher and the next day I had a student who had gone bring me the dictionary and explain how an atom splits! The Mad Science instructor was fabulous!”*

*Mad Science*

## Waukee Youth Free-Throw Contest (Ages 7-13)

Are you ready to test your free throw shooting skills? Join in the fun at the 6th Annual Waukee Youth Free-Throw Contest! Prizes will be awarded for the winners in each age division. Bring your own basketball for warm-ups. Size 27.5 basketballs will be used for the 7-9 year olds. Size 28.5 basketballs will be used for the 10-13 year olds. 7-9 year-olds will shoot from 12 feet and the 10-13 year-olds will shoot from 15 feet. Participants will shoot three rounds of 10 shots each. Participant's age is determined by age on March 5, 2016. Girls and boys will compete separately. Check-in and warm-up begins at 8:30 a.m. Preregistration is required.

W1634a 7-9 year-old boys

W1634b 7-9 year old girls

W1634c 10-11 year-old boys

W1634d 10-11 year-old girls

W1634e 12-13 year-old boys

W1634f 12-13 year-old girls

Saturday

9:00am

March 5

Waukee High School Fieldhouse

Tuition: \$5

## Yoga for Kids (Grades K-5)

In this course, students will engage in a variety of activities! During the 90 minute classes, they will practice yoga poses that center around a theme (winter, outer space, trip to the zoo, etc.), learn about breath control, play games that involve active movement, and we will end each class by focusing on stillness and relaxation. This class will adapt to meet the needs of all students! Students need to bring a yoga mat and comfortable clothing.

**Instructor: Valerie Jansonius**

W1635

Thursdays

4:15-5:45pm

January 28-February 18

Waukee Elementary, Rm #424

\$50

## Yoga for Kids (Grades K-3)

This class will engage students in a variety of yoga-based activities, that include practice with breathing, balance, and yoga poses. We will use a variety of games and activities to engage all children. These activities are great for using up all that extra energy. We will end class with a time to be still and relax. Students need to bring a yoga mat and comfortable clothing. The instructor

is a certified Kids Yoga instructor through Kids Yogaverse.

**Instructor: Jenn Vogelaar**

W1636

Wednesdays

3:50-4:50pm

\*February 3 – March 30

Shuler Elementary, Rm #620

\$42

\*Class held on non-early out  
Wednesdays only: 2/3, 2/17, 3/2,  
3/23, 3/30

## Zumbakids

(Ages 5-11)



The ultimate dance-fitness party for young Zumba fans, where they can play it loud and rock with friends. This program features age-appropriate music and moves that get kids moving to the beat, combining movement, games, music and community in a class for children. Explore different cultures and learn about their languages, dances, music instruments, games and more.

**Instructor: Patricia O'Connell**

W1637

Tuesdays & Thursdays

3:50-4:35pm

February 2-25 (8 classes)

Brookview Elementary, Rm #108

\$45

# Beyond the Bell

Children can get help with homework, play games in the gym, do crafts, enjoy the great outdoors, learn about eating healthy, and much, much more at Beyond the Bell. Beyond the Bell is open from 6:30 – 8:40 before school and open from 3:40 – 6:00 after school. More information available online, [www.waukeeschools.org](http://www.waukeeschools.org)





## 5 Easy Ways to Register

### Online

Go to: <http://www.waukeeschools.org/communityeducation>. Then click "Online Registration."

### By Phone

Call 987-2761 between 8:00am and 4:00pm to pre-register for classes.

### In Person or by Mail

Bring your completed registration form in person, or mail to 560 SE University, Waukee, IA 50263. Our office hours are 8:00am–4:00pm, Monday through Friday. Make checks payable to Waukee Community Schools.

### By Fax

Fax your completed form with your complete credit card number and expiration date to 515-987-2701 between 8:00am and 4:00pm.

### Register Early

Please Note! Instructors need to know how many students will be attending to help them plan materials. Some classes fill quickly and have size limits. Late registration may cause a class to be canceled due to low enrollments, so please sign up as soon as possible.

### Pre-Registration

Please pre-register for all classes or call ahead for availability as some classes have enrollment limits. Also, pre-registration

requires payment. We aren't able to just "hold a seat" for you. Thank you for understanding.

### Confirmations

Once you have submitted your registration form, you are registered for the class unless we notify you otherwise. To help keep our classes reasonably priced, we do not send out confirmation notices by mail. If you register online, you do receive an e-mail confirmation.

### Changes/Cancellations

You will be notified by e-mail if there are any changes in your class or if a class is canceled. Please make sure we have your e-mail address so we may contact you. We will notify you at least 24 hours prior to the first class.

### Weather Closings

Continuing Education classes are automatically canceled when Waukee Schools are closed due to weather. Canceled classes will be rescheduled if possible. WATCH LOCAL NEWS PROGRAMMING FOR DISTRICT CLOSURES.

### Class Participants with Special Needs

If you need any special accommodations, please let us know when registering.

**REGISTRATION OPEN NOW!**



## Refunds & Cancellations

Refund request must be made 48 hours prior to the first day of the class. A \$5 administrative fee will be deducted from the original amount paid by the participant.

Waukee Community Education reserves the right to cancel classes if there is insufficient enrollment. Should that occur, full refunds will be given.

## Be part of Community Ed!

Do you have an interesting skill, craft or hobby you would like to share with our community? Please call 515.987.2761 or visit:

[www.waukeeschools.org/  
communityeducation](http://www.waukeeschools.org/communityeducation)

Look for Waukee Academy fliers in Waukee Backpack.

View backpack online at

<https://blogs.waukeeschools.org/waukeebackpack/>



**Waukee Backpack** →



## The Silver Cord Program

The purpose of the Waukee Silver Cord Program is to instill within the students the importance of community service, and encourage students to be accountable for investing in their own education, and in the community, on a regular basis during their school years.

The silver cord is a cord worn at the graduation ceremony to celebrate the accomplishments of students who actively participated in community service during their time at Waukee.

For more information, please visit the Community Education website at [www.waukeeschools.org/communityeducation](http://www.waukeeschools.org/communityeducation)

## City Offices

### Waukee Police

1300 L.A. Grant Parkway  
Phone: 978-7979  
Emergency: **911**  
24-hour line: 222-3321

### Waukee Fire Department

1300 L.A. Grant Parkway  
Phone: 978-7998  
Emergency: **911**

### Parks and Recreation

805 University Avenue  
Phone: 978-0007

### Waukee Public Works

805 University Avenue  
Phone: 978-7920

### Waukee City Hall

230 W. Hickman Rd.  
Phone: 978-7900

### Waukee Public Library

950 Warrior Lane  
Phone: 978-7944

### Waukee Community Center

445 Maple Street  
Phone: 978-0007

## Civic Contacts

### 4-H

Sandy Bland..... 515-987-8160

### American Legion

Pat Helle..... 515-681-3872

### American Legion Auxiliary

Sue Cline..... 515-987-3046

### Boy Scouts (troops 178 & 182)

Kurt Sundermann (178) .....  
515-987-1841

www.waukeetroop178.com

Steve Brush (182) ... 515-987-2052

### Crime Stoppers

Lynn Hakenson ... 515-987-4162

### Cub Scouts

Kurt Sundermann 515-987-1841

### Friends of the Library

Bill Mueller ..... 515-457-9122

### Garden Club

Bev Pous ..... 515-367-2648

### Girl Scouts

..... 515-278-2881

### Optimist Club

www.waukeeothers.org

Scott Gustafson .. 515-865-1829

### Plus 50 Club

Delores Betchold 515-987-5981

### Rotary Club

Sue Rasmussen ... 515-223-4841

### VFW

Richard Kroemer. 515-987-8780

### Vision Soccer Academy

www.visionsocceracademy.com

Office ..... 515-978-8040

### Walnut Creek Little League

E-mail inquiries to: jhender518@aol.com

### Wau-Tri-Kee

Charlene Beichley 515-987-1063

### Waukee Girl's Softball

Parks & Recreation 515-978-0007

### Waukee Area Chamber of Commerce

www.waukeechamber.com

Melinda Behn ..... 515-978-7115

### Waukee Area Arts Council

www.waukeearts.org

Karen Dluhos ..... 515-402-7870

### Women's Club (Day Meetings)

Fran Jolliffe ..... 515-987-4607

### YMCA

www.dymymca.org

Eric Kress..... 515-987-9996

Is there additional community information that you would like to see included on this page? If so, please let us know at 987-2761 or e-mail: [communityed@waukeeschools.org](mailto:communityed@waukeeschools.org)

Healthy, vibrant communities are Learning Communities. Community Education contributes to this vibrancy by providing opportunities for all ages to Learn, Serve, and Thrive. Community Education partners with business, civic, and community organizations to create lifelong learning and service opportunities for individuals, families, and neighborhoods.

For more information, go to [www.waukeeschools.org/communityeducation](http://www.waukeeschools.org/communityeducation)

or please call us at 515-987-2761.

### SYMPHONY ACADEMY PROGRAM: Private String & Piano Lessons with the DM Youth Symphony

The Des Moines Symphony Academy is delighted to continue offering private string and piano instruction to any interested student in the Waukee School District. Beginners at any age are welcome. All private lessons are given outside of school day in District buildings and are taught by Des Moines Symphony Academy faculty members Amanda Drish, violin, and David Rubin, piano. "Our goals as violin and piano teachers are to provide a unique experience for everyone involved. We would love the opportunity to teach your child the invaluable lessons we learned growing up in music. Music gave us something to call "our own". It is such a unique opportunity to have the Des Moines Symphony Academy partner with Waukee Schools, offering top-notch private music lessons at Prairieview School." – Violin teacher Amanda Drish and Piano teacher David Rubin.

(5) lessons = \$142.00  
(8) lessons = \$227.00  
(10) lessons = \$284.00  
(15) lessons = \$426.00

Lessons will take place at Prairieview School. For more information on the lessons, please contact Joshua Barlage, Symphony Academy Managing Director, at 515-280-3332 or [joshua@dmsymphony.org](mailto:joshua@dmsymphony.org) To register, contact Waukee Community Education at 515-987-2761.



## Registration is open now!

Visit our Website:

[www.waukeeschools.org/  
communityeducation](http://www.waukeeschools.org/communityeducation)  
or scan the code below on your smartphone QR app!



# WAUKEE COMMUNITY EDUCATION REGISTRATION FORM

Participant Name \_\_\_\_\_

D. O. B. \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender \_\_\_\_\_ Waukee Community School District Resident? Yes  No

Address \_\_\_\_\_ City \_\_\_\_\_ State/ZIP \_\_\_\_\_

Phone (day) [\_\_\_\_] \_\_\_\_-\_\_\_\_ (evening) [\_\_\_\_] \_\_\_\_-\_\_\_\_ (cell) [\_\_\_\_] \_\_\_\_-\_\_\_\_

Email: \_\_\_\_\_

School & Grade in 2015-16 (if student): \_\_\_\_\_

Parent's Name (if applicable): \_\_\_\_\_

Special Accommodations/Allergies/Health Concerns? Yes  No  If Yes, please specify: \_\_\_\_\_

How did you hear about us?  Program Guide  Newspaper  Website  Friend  Flier  Email  Other:

Method of Payment  MasterCard  VISA  Discover  Check (No. \_\_\_\_\_) *Please make checks payable to Waukee Community Schools*

Name on Card \_\_\_\_\_

Card No. \_\_\_\_-\_\_\_\_-\_\_\_\_-\_\_\_\_ Exp. Date \_\_\_\_/\_\_\_\_ Signature \_\_\_\_\_

Program Name	Program Code	Date(s)	Time(s)	Fee
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

***\*Community Education reserves the right to utilize photos and the names of participants for publicity purposes. Participants desiring their names/photograph not to be used for publicity must notify Community Education in writing at the time of registration.***

## CONSENT AND RELEASE FORM

I am aware that my or my child's participation in this Program is completely voluntary and that I, or my child, may cease participation in the Program at any time. I also understand that I, or my child, may be removed from participation in the Program at any time, at the discretion of the District, for failure to follow District policies, rules or procedures with regard to the Program participation.

I understand that participation in the Program may expose me, or my child, to some risk. Understanding that certain dangers and risks are associated with participation in the Program, and in consideration of my or my child's desire to participate in the Program, I agree to participate in this Program or grant permission for my child to take part in this Program.

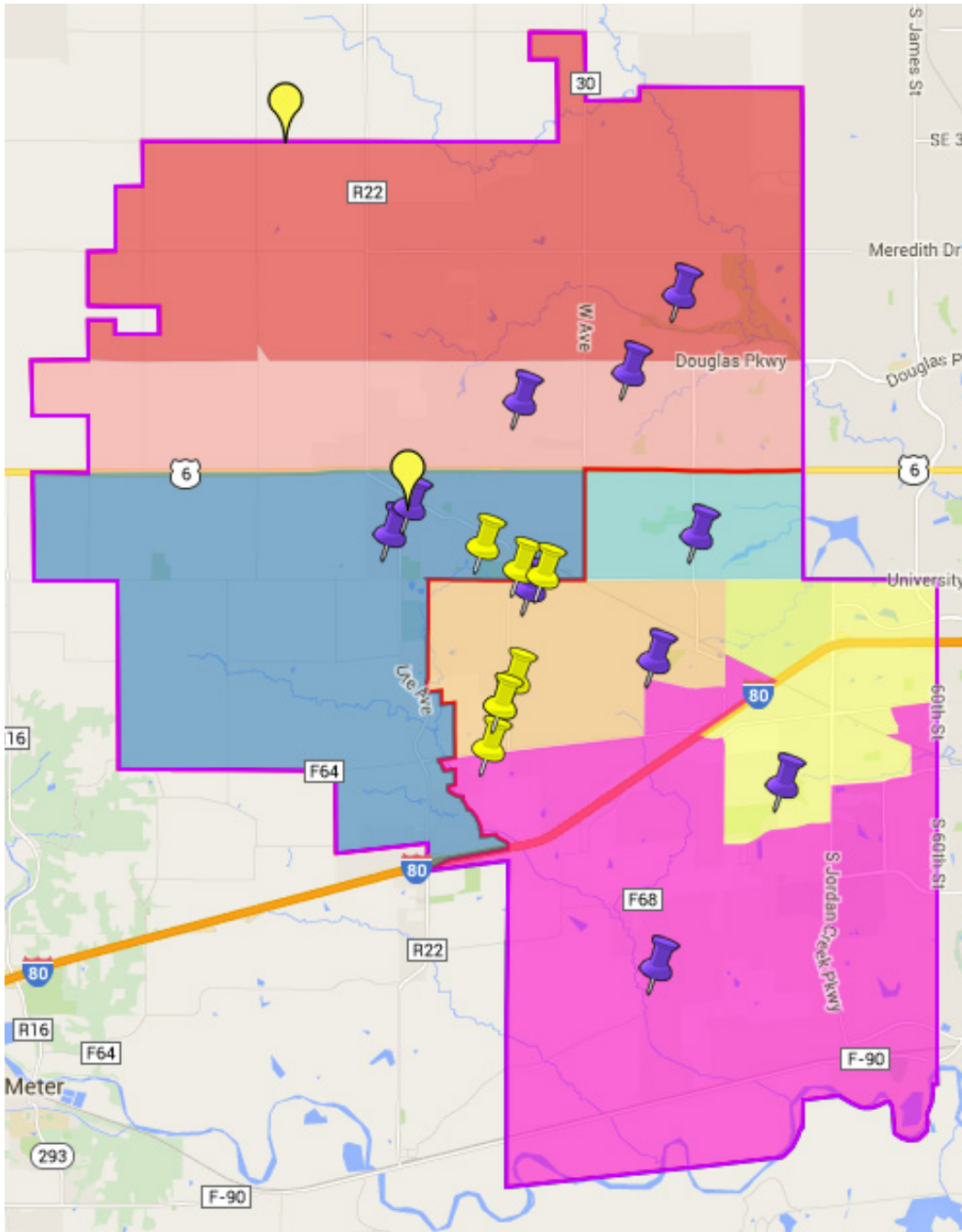
I authorize designated Program personnel and staff to exercise necessary authority to protect, render medical attention, discipline, and control me, or my child, as they may deem necessary. My permission is also given for me, or my child, to receive emergency medical treatment in case of injury or illness. I further understand that the District does NOT carry health/accident insurance to cover participants in the Program and, thus, I am responsible for any medical expenses not covered by my, or my child's, insurance policy.

Understanding the potential risks involved in my, or my child's, participation in the Program, I, acting for myself, my heirs and assigns, do hereby release, absolve and forever discharge the Waukee Community School District, its Board of Directors, officers, employees, representatives, agents and chaperones, individually and collectively from, and agree to hold them harmless against, any and all liability, including claims at law or in equity, for any accident or injury, fatal or otherwise or for any property loss or damage which may result from my, or my child's, participation in the Program.

Participant Signature (REQUIRED) \_\_\_\_\_

Parent/Guardian Signature (if participant is under 18 years of age) \_\_\_\_\_

# Map and Facility Addresses



**Brookview Elementary**  
8000 EP True Parkway  
West Des Moines, IA 50266

**Eason Elementary**  
605 SE Boone Drive  
Waukee, IA 50263

**Maple Grove Elementary**  
1455 - 98th Street  
West Des Moines, IA 50266

**Shuler Elementary**  
16400 Douglas Pkwy  
Clive, IA 50325

**Vince Meyer Learning Center**  
430 Ashworth Drive  
Waukee, IA 50263

**Walnut Hills Elementary**  
4240 - NW 156th Street  
Urbandale, IA 50323

**Waukee Elementary**  
850 - 6th Street  
Waukee, IA 50263

**Woodland Hills Elementary**  
1120 South 95th Street  
West Des Moines, IA 50266

**South Middle School**  
2350 SE LA Grant Pkwy  
Waukee, IA 50263

**Waukee Middle School**  
905 S Warrior Lane  
Waukee, IA 50263

**Prairieview School**  
655 SE University Ave  
Waukee, IA 50263

**Timberline School**  
2605 LA Grant Pkwy  
Waukee, IA 50263

**Waukee High School**  
555 SE University Ave.  
Waukee, IA 50263

**Waukee School District Office**  
560 SE University Ave.  
Waukee, IA 50263

## NON-DISCRIMINATION STATEMENT

It is the policy of the Waukee Community School District not to illegally discriminate on the basis of race, color, national origin, gender, disability, religion, creed, age (for employment), marital status (for programs), genetic information (for employment), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, Mr. Terry Welker, Director of Human Resources, 560 SE University Avenue, Waukee, IA 50263. Phone number: 515-987-5161; or to the Director of the Iowa Civil Rights Commission, Des Moines, Iowa; or to the Director of the Region VII Office of Civil Rights, Department of Education, Chicago, Illinois. The Waukee Community School District complaint procedure in its entirety is located in the Board of Directors' Policy Manual. Procedures for staff are outlined in Board policy 405.5. Procedures for parents, students and community members are referred to in Board policy 502.9 and 1003.3. Copies of the Policy Manual are located in each Principal's office, the Administrative Office, the Waukee Public Library and the District's website, <http://www.waukeeschools.org>.



### DISTRICT MISSION

Dedicated to optimizing learning and potential for success in a global community.

### BOARD OF EDUCATION

Mary Scheve (President)  
Susan Bunz, Wendy Liskey,  
David Cunningham, Scott Blum,  
Ethan Huisman, Patrick Nehls  
Dr. David Wilkerson (Superintendent)